

WEEKDAY MASSES & HOLY HOUR

Tuesdays
Wednesdays
Last Friday of the Month
First Friday of the Month

Kaikohe 6:30 PM
Rawene 9:00 AM
Moerewa 6:30 PM
Holy Hour 6:30 PM @ St Patrick, Okaihau
Mass & Anointing at Kaikohe Care Centre & Hospital, 9:30AM
Holy Hour 6:30 PM @ Moerewa



SUNDAY MASS & LITURGY SCHEDULES

SUNDAY YR C Cycle 2022	6th November 32th Sunday in Ordinary Time	13th November 33th Sunday in Ordinary	20th November Christ the King	27th November 1st Sunday of Advent
PAIHIA	Vigil MASS SATURDAY 5:30 PM	Vigil MASS SATURDAY 5:30 PM	Vigil MASS SATURDAY 5:30 PM	Vigil LITURGY SATURDAY 5:30 PM
MOEREWAA	MASS 9:00 AM	LITURGY 9:00 AM	MASS 9:00 AM	LITURGY 9:00 AM
RUSSELL	MASS 11:30 AM	LITURGY 11:30 AM	MASS 11:30 AM	LITURGY 11:30 AM
KAIKOHE	LITURGY 9:00 AM	MASS 9:00 AM	LITURGY 9:00 AM	MASS 9:00 AM
OKAIHAU	MASS SUNDAY 5:30 PM	MASS SUNDAY 5:30 PM	MASS 5:30 PM	MASS 5:30 PM
SOUTH HOKIANGA	LITURGY Whirinaki 11:00 AM	MASS Whirinaki 11:00 AM	LITURGY Whirinaki 11:00 AM	MASS Rawene 11:00 AM



DATE	FIRST READING	SECOND READING	GOSPEL
06 November	2 Maccabees 7:1-2, 9-14	2 Thessalonians 2: 16-3:5	Luke 20:27-38
13 November	Malachi 3: 19-20	2 Thessalonians 3: 7-12	Luke 21: 5-19
20 November	2 Samuel 5:1-3	Colossians 1: 11-20	Luke 23: 35-43
27 November	Isaiah 2: 1-5	Romans 13: 11-14	Matthew 24: 37-44

MID-NORTH PASTORAL AREA NEWSLETTER NOVEMBER 2022

Parishes of Kaikohe & Okaihau South Hokianga Parish Communities Bay of Islands Parish Communities

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Mid-North Parishes



**Prayer:
Body &
God**

Two years ago, CNN had published an article entitled, *The Psychological Benefits of Prayer: What science says about the mind-soul connection* wherein the article recalls the scientific studies done in 2009 and 2011. Accordingly, the 2009 study on the effects of prayer on depression and anxiety found that members of a prayer group had lower rates of depression and anxiety. The study also found out the member of the group were more optimistic after praying

for one another, compared to the control group with no prayer sessions. In the 2011 study, they found out that prayer can help reduce anger and aggression (edition.cnn.com/2020/06/17/health/benefits-of-prayer-wellness/index.html).

Moreover, a certain priest who surveyed related articles on the benefits of prayer to one's health shared that, in May 1999 the Demography magazine published the findings of studies about the effects of prayer. The study, accordingly was carried out on 22,000 people over nine years and they found out that "Those who attend church weekly live 10% longer than those who do not." The same priest found out that, Duke University had released the results of a study on 4,000 people over the age of 65. The study says, "Those who prayed regularly had significantly lower blood pressure than those who did not." The study also found out that, those who attended religious services had healthier immune systems. Accordingly, additional findings from Duke University and from Dartmouth and Yale Universities show that people in hospital who never attend church regularly have an average stay in hospital three times longer than those who do attend church regularly. They also found out that elderly people who never or rarely attend church have a stroke rate almost double that of those who do go to church. Parallel Studies done in "Israel show that religious people have a 40% lower death rate from cardiovascular disease and cancer" (Fr Tommy Lane, 08 October 2013, reading the *Handbook of Religion and Health*, Harold Koenig, MD, associate professor of medicine and psychiatry at Duke University).

We have to recall that our Lord Jesus encourages us to pray always and not to lose heart (Lk 18:1). However, we pray not only because it's good for our body, but for the reason we are in relationship with God. The Bible reveals that God created man and woman for a personal relationship with them. "In the Garden, God met with Adam and Eve in the cool of the day where they could spend time together, sharing thoughts and feelings, similar to the way a good father makes time for his children as the day winds down (*Genesis 3:8*). Our Lord Jesus reveals this unique personal relationship between God and us when He taught His disciples of the Lord's Prayer, saying, "This is how you are to pray: Our Father in heaven...(Mt 6:9). Addressing God as our 'Father.' In other words, we pray because we are in relationship with God. Amen! Fr Ramil Hamil, MSP



PRAYER FOR PARISHIONERS

- ◆ Please pray for the healing and fast recovery of all the sick especially Jack Magullian, Brenda Tweendale, Shaun, and Alex Wakefield.
- ◆ Let us also include in our prayers the souls of our brothers and sisters who have gone to our Creator before us especially those dear to us. MAY THEY REST IN PEACE.



“All who die in God's grace and friendship, but still imperfectly purified, are indeed assured of their eternal salvation; but after death they undergo purification, so as to achieve the holiness necessary to enter the joy of heaven” (CCC # 1030).

QUO VADIS (WHERE ARE YOU GOING?)

Registrations are now open for Ngā Tapuwāe - Sacred Footsteps 2023. Our Northland pilgrimage will be from 6th January to 8th January 2023. All are welcome to hikoī with us to learn more of our Catholic heritage. The pilgrimage will conclude with Mass at the place where the first Mass in NZ occurred. Register <https://www.aucklandcatholic.org.nz/discipleship/nga-tapuwa-e-pilgrimage/> or contact: Stephen Fraser 09 360 3052 or: stephenf@cda.org.nz Wiga Autet: wigaa@cda.org.nz Beazley: manuelb@cda.org.nz

World Youth Day 2023 Pilgrimage

Applications for our incredible 23-day pilgrimage to Lisbon, Portugal, close at midnight on Sunday 6 November. To avoid missing out, register TODAY at: <https://youngpeople.church/wyd/>

World Youth Day 2022 Auckland

Join with hundreds of young people (aged 13-30yrs old) to celebrate World Youth Day Auckland at Holy Cross Papatoetoe on Sunday 20 November from 4PM – 9PM. Visit [facebook.com/AKCYM](https://www.facebook.com/AKCYM) to find out more!

St Anthony Parish, Kaikohe in needs of the following volunteers:

- ◆ Altar servers, Liturgy Presider, Eucharistic Minister, Music, Readers, Church cleaners and Morning tea in charge. Training and support will be given. Please talk to your priest or PPC.

Fr Ramil Hamil, MSP will be joining the clergy of the Diocese of Auckland for an annual retreat. He will be on retreat from 13th to 19th November. Instead of Mass, there will be liturgy at Kaikohe, Rawene and Moerewa on Tuesday (15th November) and Wednesday (16th November).

PASTORAL COMMUNITIES CONTACTS

RUSSELL
PAIHIA

Sue Western (09) 403 8845 / Ken Pascoe (09) 433 6799
Willie and Marie Wilson (09) 402 5230
Helen Schmuck (09) 407 4577

MOERewa
OKAIHAU
KAIKOHE
STH HOKIANGA

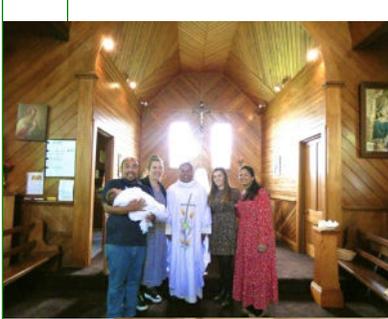
Patrick James 0272297558
Patty Bennett (09) 404 1285 / Paula Flood 021 619 315
Brendan (09) 405-3909
Marilyn Keanne (09) 945 6985 / 021 919861



The Apostolic Nuncio of New Zealand, His Excellency Archbishop Novatus Rogambwa happily welcomed by the Mid-North Parishioners when he and Fr Mathew, the seminary rector, and Fr Giosue Busti, the secretary of the Nuncio visited the Catholic communities in the Far North last 24th of October.



After years of having no infant baptism, St Charles Borromeo Church, Rawene had it. Gabriel Clark Gicole, son of Rembrant and Laura Gicolle was baptized on the 24th September. Immediate family members and friends were present during the celebration.



The Catholic Community of St Paul, Pahia has been grateful to Rick Larcombe and family. Rick is the community liturgy prayer leader. He and his family will be shifting place. We wish them well and we keep them in our prayers.

Last 4th November the community in Rawene gathered together for the celebration of Holy Eucharist in honor of its Patron Saint, St Charles Borromeo.

IF YOU FIND THIS NEWSLETTER INTERESTING, PASS IT ON!

Should you wish to donate send to :

Mid North 5 House Account 02-0100-0233290-028

